Your supplemental oxygen is very important...

MAKE SURE
YOU USE IT!

Understanding the <u>benefits</u> of your prescribed oxygen:

You may be wondering why your doctor prescribed oxygen for you or whether it's doing you any good. *Rest assured - it is!* Your supplemental oxygen is very beneficial to you in several important ways.

When you aren't getting enough oxygen, all of your organs can be affected - especially the brain, heart and kidneys. Breathing supplemental oxygen keeps these organs (and many others) healthy.

Understanding the dangers of <u>not</u> using your prescribed oxygen:

Not using your prescribed oxygen can lead to cancer, organ failure, high blood pressure, congestive heart failure, heart attack, stroke, and death. *In fact, if your oxygen level drops to 78% or less, your risk of sudden death is increased by 80%!*

Oxygen therapy should be used just like any other prescription drug. Studies have shown that supplemental oxygen will help you live longer and greatly improve your quality of life!



